



# 2017-2018 AIM Program

## Together we CAN!

The Massachusetts Down Syndrome Congress' AIM: Teen & Young Adult Program provides monthly events for youth with Down syndrome, ages 13 to 22, and their families. We gather throughout the school year to have fun, meet new friends, and learn new things. This year's theme, *Together we CAN!*, will get us out into the community, working as a team, and learning about the many ways we can contribute and make the world a better place.

**AIM Hangouts** are held one Sunday each month from 12:30-3:30 at the West Suburban YMCA in Newton. Each month includes a youth session with engaging activities related to our theme and a parent session with networking and a guest speaker covering a different transition-related topic.

2017-2018 AIM Hangout Dates:

October 1	January 7	May 6
November 5	February 4	June 3
December 3	April 8	

**AIM Socials** take place on a Friday evening, Saturday or Sunday each month at various locations throughout Eastern MA. Planned socials are listed on the next page, and we will announce additional spring socials at the beginning of 2018.

AIM Membership is \$175 for the 2017-2018 year. Scholarships are available; contact Colleen Endres at [condres@mdsc.org](mailto:condres@mdsc.org) to learn more. AIM Members have access to:

- All Sunday **AIM Hangouts** and **AIM Socials** (with the exception of one or two social activities that may require a small fee)
- AIM Parent Info Sessions, held each Sunday session from Nov-May at the Newton YMCA
- AIM youth participants receive an AIM t-shirt and gym bag
- AIM Participant Directory and AIM Parent Facebook Group to easily connect with others in between events to get together or request/share resources

Families that are unable to commit to the full program but would still like to join in on socials from time to time can sign up as an AIM Friend for \$25. AIM Friends have access to:

- **AIM Socials**, given that space is available, at a small cost per event
- AIM Parent Facebook Group to easily connect with others in between events to get together or request/share resources.

To register, visit <http://mdsc.kintera.org/AIM1718>.



## Save these Dates AIM Socials



### Friday, October 27 – Halloween Costume Dance



We're celebrating the season with our friends at Emarc and co-hosting another annual costume dance! This dance is an inclusive function with volunteers from Reading Memorial High School, North Reading High School and Malden High School.

6:30pm - 8:30pm

Coolidge Middle School  
89 Birch Meadow Dr  
Reading, MA ([map](#))

AIM Member: FREE  
AIM Friend: \$15

RSVP by October 27 to Kristen – [ktenglin@mdsc.org](mailto:ktenglin@mdsc.org)

### Sunday, November 19 – MDSC All Stars v Boston Bruins Alumni



Join us for photo booth fun, karaoke, singing the national anthem and cheering on MDSC players as they take on the Boston Bruin Alumni in this epic match-up! There is a family free skate from 12-1 for anyone interested in participating in that and food available for purchase.

1:00pm – 4:30pm

New England Sports Center  
121 Donald Lynch Blvd  
Marlborough, MA ([map](#))

AIM Member: FREE  
AIM Friend: FREE

RSVP by November 13 to Colleen – [cendres@mdsc.org](mailto:cendres@mdsc.org)

### Sunday, December 10 – Commonwealth Ballet's *The Nutcracker*



Get into the holiday spirit with a special outing to *The Nutcracker* ballet!

1:00pm – 3:00pm

Casey Theater, Regis College  
235 Wellesley St  
Weston, MA ([map](#))

AIM Member: \$20  
AIM Friend: \$32

Limited tickets available! Contact Colleen to reserve - [cendres@mdsc.org](mailto:cendres@mdsc.org)

### Saturday, January 20 – Jumanji: Welcome to the Jungle



Join The Rock, Kevin Hart and friends from AIM for an adventurous afternoon at the movies!

3:30 or 3:45

Regal Cinemas Bellingham 14  
259 Hartford Ave  
Bellingham, MA ([map](#))

AIM Member: FREE  
AIM Friend: \$12

RSVP by January 15 to Kristen – [ktenglin@mdsc.org](mailto:ktenglin@mdsc.org)

### Sunday, February 11 – Bowling Join us for candlepin bowling and a pizza party!



12:30pm – 3:30pm

Woburn Bowladrome  
32 Montvale Ave  
Woburn, MA ([map](#))

AIM Member: \$5  
AIM Friend: \$20

RSVP by February 5 to Colleen – [cendres@mdsc.org](mailto:cendres@mdsc.org)